

# Anjali the Brave

## All About Vaccines



Dr. Adjoa Smalls-Mantey

Dr. Maria Abraham

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by Dr. Adjoa Smalls-Mantey & Dr. Maria Abraham

Illustrations by Paul Buște

While we realize that masks should be worn in a variety of real-world settings, they are not included in several illustrations to allow children to see facial expressions and help them identify with the characters.

We recommend wearing masks in accordance with public health guidelines.



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*In memory of those lost to infectious diseases, and in  
honor of the scientists who worked to keep us safe.*

*-Adjoa-*

*For all my boys: Mogan, Jeevan, & Nilan*

*-Maria-*



“Dad, why do we have to get so many shots?” asked Anjali. “Didn’t I just get a shot a few months ago?”

“Yes, you did,” said Dad. “But this is a different shot.”



“I’m big! I’m six years old. Why do I need another shot?” Anjali asked.

“Even a big, strong six-year-old like you needs shots so you can become a big, healthy seven-year-old,” said Dad. “That way you can keep playing soccer and doing all the other things you love.”

## About the Authors

Dr. Adjoa Smalls-Mantey, MD, DPhil, is a physician-scientist and writer. She conducted viral immunology research for many years, and currently practices psychiatry in New York City. Her mission as a writer is to empower people by sharing information about health, wellness, and mental illness. Dr. Smalls-Mantey loves art, enjoys traveling, and is an avid runner.

Dr. Maria Abraham, MD, MPH, is a public health physician who has spent her career working in Asia and the United States. She is passionate about improving health outcomes for vulnerable populations. Dr. Abraham is a mother to two boys who keep her busy and always entertained. She and her family enjoy traveling the globe and eating their way through the wonderful neighborhoods of New York City.