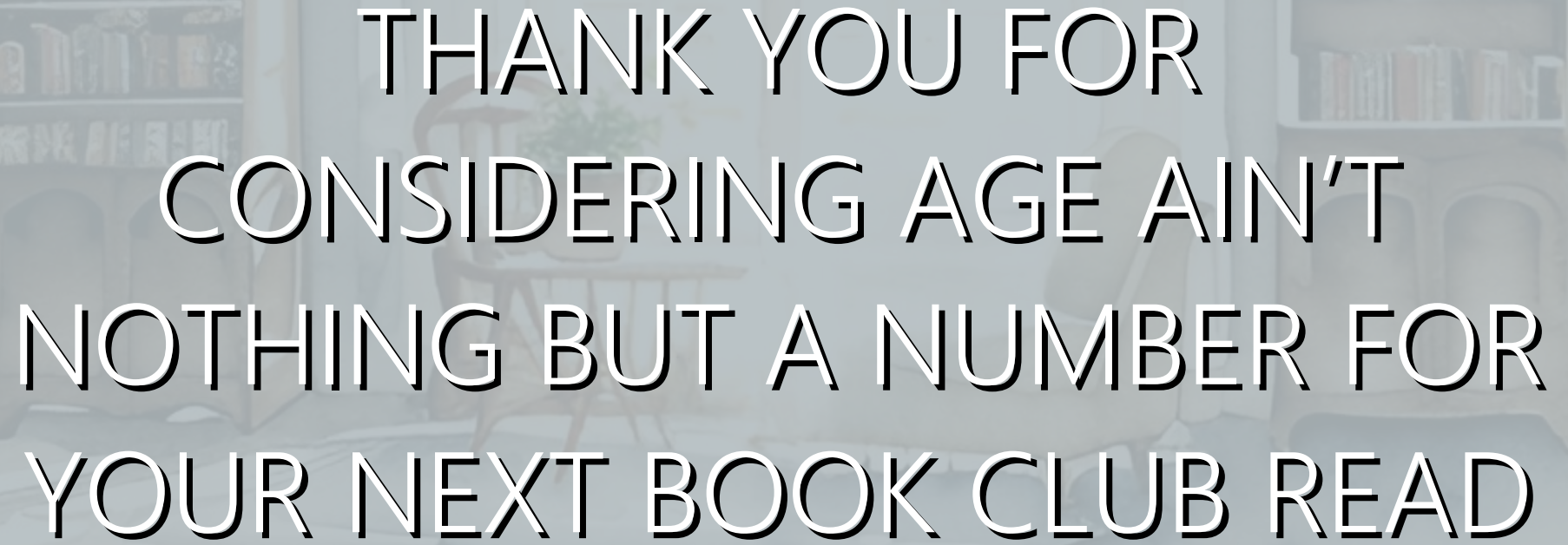




BOOK CLUB  
RESOURCE GUIDE

MEMOIR



THANK YOU FOR  
CONSIDERING AGE AIN'T  
NOTHING BUT A NUMBER FOR  
YOUR NEXT BOOK CLUB READ

BOOK CLUB  
RESOURCE GUIDE

AGE AIN'T NOTHING BUT A NUMBER

Age Ain't Nothing but a Number is a memoir by Yetta Yvette, a woman who faced many challenges and tragedies in her life, but also experienced true love and happiness. In this book, she shares her story of how she met and fell in love with a man who was much older than her, but who made her feel alive and fulfilled. She also reveals the secrets and struggles of their relationship, and how they overcame the obstacles of age, race, and society. She also reflects on the lessons she learned from her lover, who she calls Mister, and how he inspired her to become a strong, black woman and entrepreneur. This book is a tribute to Mister, who passed away unexpectedly, and to their love that transcended time and boundaries. It is also a message of hope and encouragement to anyone who has lost their other half, and who needs to find the courage to love again. Age Ain't Nothing but a Number is a book that will make you laugh, cry, and appreciate the gift of life and love.

WORD COUNT: 34,747

PAGE COUNT: 150

KEY WORDS: FORBIDDEN LOVE | LOVE STORY | LOST LOVE | MEMOIR

COMP BOOKS: The Coldest Winter Ever by Sister Souljah | The Notebook by Nicholas Sparks | The Secret Life of Bees by Sue Monk Kidd | Waiting to Exhale by Terry McMillan | The Bridges of Madison County by Robert James Waller

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## Ageless Martini

A refreshing and sophisticated cocktail that celebrates the timeless love story of Yetta Yvette and her Mister.

### Ingredients:

- 2 oz vodka
- 1 oz elderflower liqueur
- 1/2 oz lemon juice
- 1/4 oz simple syrup
- 2-3 fresh mint leaves

### Instructions:

- In a cocktail shaker, muddle the mint leaves with the simple syrup.
- Add the vodka, elderflower liqueur, and lemon juice. Fill the shaker with ice and shake well.
- Strain into a chilled martini glass and garnish with a mint sprig or a lemon twist.

Enjoy your ageless martini and toast to the power of love!

# SIGNATURE DRINK

- Love Is Love by Grace Potter
- I'm Not the Only One by Sam Smith
- The Way You Make Me Feel by Michael Jackson
- You're the First, the Last, My Everything by Barry White
- Endless Love by Diana Ross and Lionel Richie
- At Last by Etta James
- If I Ain't Got You by Alicia Keys
- Fallin' by Alicia Keys
- Ain't No Mountain High Enough by Marvin Gaye and Tammi Terrell
- Hero by Mariah Carey
- One Sweet Day by Mariah Carey and Boyz II Men
- Age of Reason by John Farnham
- I Hope You Dance by Lee Ann Womack and Sons of the Desert



# SPOTIFY MUSIC RECOMMENDATIONS

THIS GUIDE CONTAINS POSSIBLE  
SPOILERS FOR THIS BOOK IN THE  
DISCUSSION SECTION.

WARNING

- How did you feel about the age difference between Yetta Yvette and Mister? Did it affect your perception of their relationship?
- What were some of the challenges and benefits of dating someone older or younger than you?
- How did Yetta Yvette's family and friends react to her relationship with Mister? How did Mister's family and friends react to his relationship with Yetta Yvette? How would you react if someone you know was in a similar situation?
- How did Yetta Yvette cope with Mister's illness and death? What were some of the coping strategies that she used? What are some of the coping strategies that you use when you face a loss or a difficult situation?
- What are some of the inspirational quotes or poems that resonated with you the most? Why?
- How did Yetta Yvette's faith and spirituality help her throughout her life and relationship? How important is faith and spirituality in your life and relationships?
- How did Yetta Yvette's life and relationship change her as a person? What are some of the lessons that she learned? What are some of the lessons that you learned from reading her book?

# DISCUSSION QUESTIONS





Yetta was born in Shreveport, Louisiana. She migrated to California, as a young child and later attended Hollywood High Performing Arts School. The art of beautification caught her interest. Yetta studied Cosmetology at Flavio Beauty College, after high school. She proudly passed her licensure exam in 1994. Aside from her successful career, as a Licensed Cosmetologist and model, she indulged into writing. Yetta was always a confident and strong writer in her college years and took up English classes, specifically to hone her craft. Yetta particularly loves writing stories “based on” or “inspired by” true events, where people were challenged and had to overcome their obstacles in life. Her book entitled, *Age Ain't Nothing but a Number* was published on December of 2014. It is based on a true story. As a non-fiction writer, Yetta believes that books are not about their words, but rather the quality of the message that will impact one's life.

## ABOUT THE AUTHOR

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